



ADRC Advisory Committee Agenda
Jefferson County Human Services Department
1541 Annex Road, Jefferson, WI 53549
Human Services Conference Room

Or

Join Zoom Meeting

<https://zoom.us/j/94904048088?pwd=YlVDSXhuVEFJejgvVE9icWlFMlFaZz09>

Meeting ID: 949 0404 8088

Password: 656279

Dial by your location

+1 312 626 6799 US (Chicago)

Date: Tuesday, December 1, 2020

Time: 1:00 p.m.

Committee Members: Russell Kutz, Chair; Jeanne Tyler, Vice-Chair; Janet Sayre Hoeft, Secretary; Ellen Sawyers, Ruth Fiege. LaRae Schultz, and Frankie Fuller.

1. Call to order
2. Roll call (establishment of a quorum)
3. Certification of compliance with Open Meetings Law
4. Approval of the agenda
5. Approval of the ADRC Advisory Committee minutes from October 6, 2020
6. Communications
7. Public comment (Members of the public who wish to address the committee on specific agenda items must register their request at this time)
8. Advocacy Updates from GWAAR – Greater Wisconsin Agency on Aging Resources and /or ORCD – Office of Resource Center Development
9. Discuss ADRC Report - Dominic Wondolkowski, ADRC Supervisor
10. Discuss Senior Dining Program Updates– Kimberly Swanson, Senior Nutrition Program Supervisor
11. Discuss Mobility Management Updates - Mike Hansen, Mobility Manager
12. Discuss Family Caregiver Programs - Kim Herman, Family Caregiver Specialist
13. Discussion and possible action 2021 Aging Budget
14. Update on stipends for Volunteer Committee Members of the Nutrition Council Project and the ADRC Advisory Committee
15. Discussion on Health Equity
16. Discussion on items for the Next Agenda
17. Adjournment

Next scheduled meetings: January 5, 2021
 February 2, 2021
 March 2,

A Quorum of any Jefferson County Committee, Board, Commission or other body, including the Jefferson County Board of Supervisors, may be present at this meeting.

Individuals requiring special accommodations for attendance at the meeting should contact the County Administrator 24 hours prior to the meeting at 920-674-7101 so appropriate arrangements can be made.



Aging & Disability Resource Center Advisory Committee
Minutes of Meeting
Tuesday, November 3, 2020

Call to Order

The meeting was called to order by Kutz at 1:06 pm.

Roll Call

Present: Russell Kutz, Chair; Jeanne Tyler, Vice Chair; Janet Sayre Hoeft, Secretary; Ellen Sawyers, Frankie Fuller, LaRae Schulz, and Ruth Fiege.

Also present from ADRC: Michael Hanson, Kimberly Swanson, Kim Herman, Heather Janes, Sharon Olson, and Dominic Wondolkowski. Guests: Laura Payne, and Carol O'Neil.

Certification of Compliance with Open Meetings Law

It was determined that the committee was in compliance with the Open Meetings Law.

Approval of Agenda

Frankie Fuller made a motion to approve the agenda, Ruth Fiege seconded. Motion carried.

Approval of October 6, 2020 Minutes

Jeanne Tyler made a motion to approve meeting minutes from October 6, 2020, as written. LaRae Schulz seconded. Motion carried.

Communications

None.

Public Comment

Laura Payne, gave an update on the Cambridge Area needs assessment survey and resource guide. A lot of good information.

La Rae Schulz shared concerns of curbside voting today.

Advocacy Updates from GWAAR – Greater Wisconsin Agenda on Aging Resources and /or ORCD – Office of Resource Center Development:

Olson shared updates on the following:

- Update from Justice in Aging - As covid-19 cases surge nationwide, Utah prepares to ration care based on age

Presentation: Dementia Friends, Heather Janes, Dementia Care Specialist - Heather presented The Dementia Friends Wisconsin Program. All the ADRC Advisory Members were provided the information on becoming a Dementia friend and received certificates.

Discussion: ADRC Report, Dominic Wondolkowski - For October, the KOI is met. 21 of 21 customers were enrolled in a long-term care program (MCO or IRIS agency) per KOI guidelines. There have been 138 MCO enrollments and/or IRIS referrals completed through 10-31-20 with another 7 confirmed enrollments for November. For October, staff documented 571 calls with 319 unduplicated callers. This is a decrease in calls compared to September (614) but an increase compared to August (484). The total number of contacts through October has now exceeded 2019 totals. Staff did complete 4 home, 1 NH and 2 office visits despite phone, email and virtual the common practice. There have been some setbacks with getting our volunteers in the building to assist with the Medicare Part D open enrollment given HS building construction and lack of office space. The program may need to scale down the number of consumers we serve this season.

Wondolkowski reviewed typical staff/management activities. Supervision on critical cases (i.e. consumers in imminent need of funding and services and to advocate for correct county jurisdiction). ADRC website updates. Also monitor database entry and participate in option counseling and client tracking lead conferenced calls. The lead screen liaison also continues to hold staff meetings to prepare for the Continuing Skills exam next spring.

Discussion: Senior Dining Program Updates – Kimberly Swanson – Swanson shared the proposed 2-day menus for shelf stable meals that are to be purchased, packaged, and distributed to current home delivered meal and carryout meal participants in November. Additional plans for November and December include continuation of staff and volunteer training, annual kitchen site inspections, and recruitment of volunteer home delivered meal drivers.

Discuss Mobility Manager Report – Michael Hansen - Ridership for the ADRC of Jefferson County Driver / Escort Service increased in October with 611 rides compared with 447 rides in September. This number is only 10% less than what we were doing last year at the same time. We recently added another part-time driver on staff and had Wheelchair Securement training for both of our newer drivers, so rides should increase going forward if demand continues to stay strong now that we are fully staffed again.

Our fourth and last of the year Wednesday Walk event was held on October 21st at Dorothy Carnes East County Park. Eight individuals attended the event including 4 people who had not attended previously. The event had great weather and everyone enjoyed the fall colors and fresh air.

Discuss Family Caregiver Programs – Kim Herman November is National Family caregiver Month Program updates:

- Alzheimer's Family Caregiver Support Program ~ 9 caregivers
- National Family Caregiver Support Program ~ 38 Caregivers and 41care recipients
- Supportive Services ~ 81 participants

Discussion Jefferson County's Specialized Transportation Assistance Program (Wis. Stat. 85.21) Application: Olson share that no one attended the Public Hearing nor were there any comments or questions submitted on the 2021 Application for the Wisconsin DOT funding of \$222,83. The application will have five projects, continuing with the three on-going projects, Driver /Volunteer Escort Program, the Senior Dining Program, and The Wheelchair Accessible Transportation and the two new projects - Day Trip and GoJeffCo Shopping Van service. Russ Kutz made a motion to approve the application to be forwarded to the Human Services board. Jeanne Tyler seconded. Motion carried.

Discussion and possible action Alzheimer's Family Caregiver Support Program 2021 Budget - Olson shared the budget for the Alzheimer's Family Caregiver Support Funding. The budget for 2021 will be \$35,502 which is due 11/30/2020. Janet Sayre Hoeft made a motion to approve application to forward to the Human Services Board for review. Frankie Fuller seconded. Motion carried.

Discussion and possible action on stipends for Volunteer Committee Members of the Nutrition Council Project and the ADRC Advisory Committee - The committee had a discussion on Stipends for Volunteering on the Nutrition Project Council and the ADRC Advisory Committee. Janet Sayre Hoeft shared with the committee that these two committees were the only committees that did not offer a per diem stipend for attending. Olson shared that she checked with 6 other counties Rock, Walworth, Dane, Dodge, Racine and Columbia. and three counties do not offer a per diem but offers mileage reimbursement, three offers different per diem policies. After a discussion from members, Frankie Fuller made a motion to keep equality with other county committees, that the Nutrition Project Counsel members and ADRC Committee members should be eligible to apply for a per diem and requests that this be reviewed by the Human Services Board for approval. Ellen Sawyers seconded and the motion carried.

Discuss Future Agenda Items - Janet Sayre Hoeft stated that she left another note in the conference room for a topic on stipends. Olson stated that the Older American Act program budgets should be sent to the Counties shortly so we will review at our next meeting.

Adjourn: Jeanne Tyler made a motion to adjourn the meeting, LaRae Schulz seconded. Motion carried. Meeting adjourned at 3:36 pm

Respectfully submitted,

Sharon Olson
Aging & Disability Resources Division Manager

DRAFT



Aging & Disability Resource Center Advisory Committee
Minutes of Meeting
Tuesday, October 6, 2020

Call to Order

The meeting was called to order by Kutz at 1:04 pm.

Roll Call

Present: Russell Kutz, Chair; Jeanne Tyler, Vice Chair; Janet Sayre Hoeft, Secretary; Ellen Sawyers, Frankie Fuller, LaRae Schultz, and Ruth Fiege.

Also present from ADRC: Michael Hanson, Kimberly Swanson, Kim Herman, Heather Janes, Sharon Olson, and Dominic Wondolkowski. Guests: Carol O'Neil.

Certification of Compliance with Open Meetings Law

It was determined that the committee was in compliance with the Open Meetings Law.

Approval of Agenda

Number 15 will be moved up for the presentation from Janet Zander and Michael Bruhn. Janet Sayre Hoeft made a motion to approve the agenda, Frankie Fuller seconded. Motion carried.

Approval of September 1, 2020 Minutes

Frankie Fuller stated that believes LaRae Schultz was present at the September 1, 2020 Meeting, by joining after roll call. I have that LaRae Schultz was excused that she was attending a conference but will verify with LaRae. Frankie Fuller made a motion to approve meeting minutes from September 1, 2020, as written, after confirmation from LaRae Schultz. Janet Sayre Hoeft seconded. Motion carried.

Communications

None.

Public Comment

None.

Presentation Advocacy and Voting, Janet Zander, Advocacy and Public Policy Coordinator, GWAAR and

Michael Bruhn from the Alzheimer's Association - Janet and Mike presented Voting and older adults, lessons learned and changes needed. PowerPoint presentation may be found in the ADRC Advisory Committee Meeting October 2020. Janet also discussed Advocacy role getting to know your legislators.

Advocacy Updates from GWAAR – Greater Wisconsin Agenda on Aging Resources and /or ORCD – Office of Resource Center Development:

Olson shared updates on the following:

- Wisconsin Senior Medicare Patrol Fraud Alert - Olson share information on insurance companies and agent misconduct
-

Discussion and possible action on Requests for Waiver of Transportation Co-payment

No requests at this time.

Discussion: ADRC Report, Dominic Wondolkowski - For September, the KOI was not met. 15 out of 16 customers were enrolled in a LTC program per the KOI guidelines. Wondolkowski reviewed the one case that did not meet the KOI. The ADRC has completed 117 enrollments for 2020 and there are 11 enrollments or likely enrollments already for the month of October. For September, the ADRC documented 614 calls (includes 7 home, 3 office and 2 nursing home visits) with 319 unduplicated callers. This is a increase in calls compared to August (484) but a decline compared to July (733).

Senior Farmer Market voucher program distribution concluded on 9-30-20. Of the 201 vouchers, 139 were distributed. The Elder Benefits Specialist programs mailed 450 letters to past consumers offering assistance with the Medicare Part D open enrollment period Oct. 15-Dec 7th. The ADRC will begin processing plan finders for customer beginning October 19th. The Dementia Care Specialist has many upcoming events including Dementia Basics Virtual training on October 13th 9-10am; Powerful Tools for Caregivers starting Nov. 3rd 9-11am; Virtual Book Club—launching November 2020; Monday Morning Caregiver Coffee Hour extended through December and a monthly Lewy Body Dementia Virtual Support Group beginning Sept 21st 1-2pm. Refer to ADRC website for event details.

The ADRC is involved in two initiatives. We are 1 of 5 counties involved in an Outcome Measurement Focus Group that started in April. The project is part of the No Wrong Door Return on Investment grant DHS received to study the benefits of options counseling and to develop a measurement tool ADRC staff would use to determine if options counseling is the best course of action and customer outcomes are achieved. The second initiative involves Screen Liaisons-Sara Zwieg to participate in the “pilot” CST examination in January. Based on the pilot test results, the test may be modified before all other screeners are required to take the test in the spring.

Discussion: Senior Dining Program Updates – Kimberly Swanson - Swanson shared monthly total meals in January (2444) compared to total meals served in August (2422). In addition, contactless, curbside meals began July 20 and the number of participants and meals has increased from 69 meals and 17 participants in July to 175 meals and 39 meals in August. Swanson further shared that Home Delivered Meal (HDM) participants received a 16 oz. container of cottage cheese, made in Wisconsin and purchased locally, courtesy of a donation from the VitaPlus Corporation. In addition, HDM participants each received a handmade quilted placemat, courtesy of the Patched Lives Quilt Guild of Waukesha County. And finally, Swanson shared that tentative plans for October include shelf stable meals planning, annual training of volunteers and staff, and annual kitchen inspections at nutrition sites.

Discuss Mobility Manager Report – Michael Hansen - Ridership for the ADRC of Jefferson County Driver / Escort Service was about the same in September with 447 rides compared with 437 rides in August. We now have another part-time driver on staff, so rides should increase going forward if demand continues to stay strong, since we have previously been limited by the number of available drivers.

The 6 electronic tablets that were purchased are now being used daily by all our part-time drivers. Staff Drivers (non-volunteers) are using the tablets for passenger assignments, route mapping, fare collections, mileage tracking, hours, and pre & post trip vehicle inspections.

Our third of four Wednesday Walk events was held on September 23rd at Carlin Weld County Park. Seven individuals attended the event including 1 person who had not attended previously. The weather was very nice and everyone enjoyed themselves greatly.

Discuss Family Caregiver Programs – Kim Herman Kim Herman shared the current census of NFCSP, AFCSP, and Supportive Services programs. The Armchair Tours and Joyful Moments through the Hummingbird Project has been successful, as participants expressed that they really enjoy the time and activities.

Discussion Jefferson County’s Specialized Transportation Assistance Program (wis. Stat. 85.21) draft

Application: Olson share that the 2021 County Elderly Transportation project budget of Wisconsin DOT funding \$222,837 with a county match of \$44,567 would continue with the three on-going projects, Driver /Volunteer Escort Program, the Senior Dining Program, and The Wheelchair Accessible Transportation. Two new “Mobility” projects were reviewed and public hearing will be before our next meeting. One project is a transportation service for seniors and people living with disabilities to travel between the 4 major municipalities

that exist along the State Trunk Highway 26 Corridor in Jefferson County. At present, there is no affordable intercity transportation service in Jefferson County. This intercity service would be provided by the ADRC of Jefferson County using an ADRC vehicle and staffed by ADRC employees. The second project would provide a transportation service for seniors and people living with disabilities to enjoy unique places and popular attractions that can be reached within 1-2 hours of driving time from Jefferson County. The overall goal of this project would be to help individuals to have an active and social lifestyle all year round. The locations of the day trips would be selected to appeal to a variety of interests, but also to provide educational and cultural experiences as well. The Day Trip transportation would be provided by the ADRC of Jefferson County using an ADRC vehicle and staffed by ADRC employees.

Discuss Future Agenda Items - Janet Sayre Hoeft stated that she left a note in the conference room for a topic on stipends at the next meeting. Olson stated that Heather Janes, the Dementia Care Specialist would be presenting at the November meeting.

Adjourn: Janet Sayre Hoeft made a motion to adjourn the meeting, Frankie Fuller seconded. Motion carried. Meeting adjourned.

Respectfully submitted,

Sharon Olson
Aging & Disability Resources Division Manager



ADRC ADVISORY COMMITTEE MEETING

November 3, 2020



ADRC Advisory Committee Agenda
Jefferson County Human Services Department
1541 Annex Road, Jefferson, WI 53549
Human Services Conference Room

Or

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<https://zoom.us/j/94904048088?pwd=YlVDSXhuVEFJejgvVE9icWlFMlFaZz09>

Meeting ID: 949 0404 8088

Password: 656279

Dial by your location

+1 312 626 6799 US (Chicago)

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Time: 1:00 p.m.

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12. Discuss Mobility Management Updates - Mike Hansen, Mobility Manager
13. Discuss Family Caregiver Programs - Kim Herman, Family Caregiver Specialist
14. Discussion and possible action Jefferson County's Specialized Transportation Assistance Program (wis. Stat. 85.21) Application
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February 2, 2021

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ADVOCACY UPDATES

As COVID-19 Cases Surge Nationwide,
Utah Prepares to Ration Care Based
on Age 10/30/2020

As COVID-19 infections and hospitalizations increase across the country, states and hospitals are for the first time considering implementing policies that would ration care. Justice in Aging has been analyzing these rationing policies, known as Crisis Standards of Care (CSCs), since the start of the pandemic. We have advocated for standards that exclude age-based bias and disability bias from these policies in California, Florida, Maryland, Massachusetts, Oregon, Texas, and Utah. Utah, however, signaled this week that it expects to implement its CSCs, which illegally use age as a tie breaker in the event that health care providers need to choose who has access to life-saving care.

Read more about our advocacy in Utah and other states, and use our fact sheet to combat discriminatory CSCs in your state. *Justice in Aging*

GRIEF, LOSS, AND NEW TRADITIONS DURING THE HOLIDAYS



Wednesday, November 11, 2020; 11:00am – noon

OR

Thursday, December 10, 2020; 7-8pm

Feelings of grief and loss can be particularly strong around the holidays. The drastic changes to our routine, traditions, and way of life we've experienced due to COVID-19 adds in another layer to grief and loss.

In this interactive, virtual presentation, you'll learn about common reactions to grief and loss, how to identify and draw upon your sources of strength to better cope, resources to support you and those you care about, and ways to create new and meaningful traditions.

This program will be facilitated by UW Madison Division of Extension Educators Selena Freimark & Debbie Moellendorf.

Register in advance for this meeting:

For November's Presentation: <http://bit.ly/UWEXTNOV>

OR

For December's Presentation: <http://bit.ly/UWEXTDEC>

After registering, you will receive a confirmation email containing information about joining the meeting.

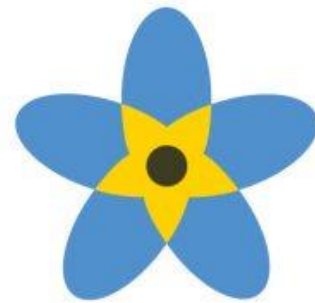


An EEO/AA employer, University of Wisconsin-Madison Division of Extension provides equal opportunities in employment and programming, including Title VI, Title IX, the Americans with Disabilities Act (ADA) and Section 504 of the Rehabilitation Act requirements.



HEATHER JANES

Dementia Care Specialist



**Dementia
Friends
Wisconsin**



A Dementia Friendly America initiative

**Heather Janes, Dementia Care Specialist
ADRC of Jefferson County**

DEMENTIA FRIENDLY INFO SESSION

Print off your Info Session Workbook here:

<https://wai.wisc.edu/wp-content/uploads/sites/1129/2020/05/DFWI-Information-Session-Workbook.pdf>

<https://youtu.be/x9g0oK2G9x8>

Dementia Friends Intro

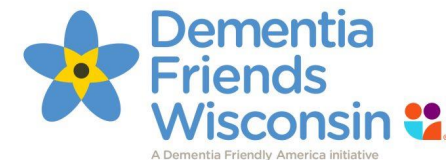
People with dementia need to be understood and supported in their communities.

You can help us by becoming a Dementia Friend!

SESSION OUTLINE

This session will last approximately 45 minutes

We will cover the five key messages that everyone should know about dementia and you will be asked to choose something you can do as part of becoming a Dementia Friend today.



ICEBREAKER

In the chat:

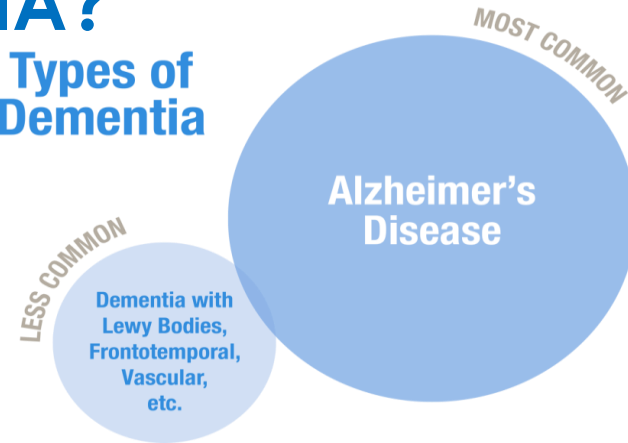
How many of you know someone (in your family, community, place of employment, place of worship, etc.) who has dementia or Alzheimer's?

Dementia – share one word that comes to mind when you hear this word.



WHAT IS DEMENTIA?

Types of Dementia



- Dementia is not a specific disease.
- It is an overall term that describes a wide range of symptoms associated with a decline in memory or other thinking skills severe enough to reduce a person's ability to perform everyday activities.
- Alzheimer's disease is the most common type of dementia, accounting for 60-80% of cases.
- Other types of dementia include Dementia with Lewy Bodies, Frontotemporal, and Vascular.

The goal of Dementia Friends is to increase understanding about dementia and reduce stigma.

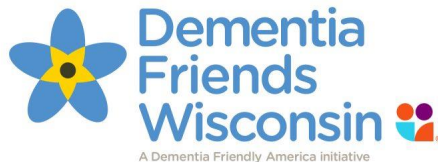
WHAT IS DEMENTIA FRIENDS?

Dementia Friends is a global movement to help everyone understand dementia so that people can live well with dementia and feel part of their community.

Minnesota was the first state in the United States to offer Dementia Friends.

**We currently have 2,238 Dementia Friends in the U.S.
242 Dementia Champions
42 Dementia Friends Master Trainers**

You are helping create a dementia friendly generation!



Alzheimer's Disease vs. Normal Aging

10 Early Signs and Symptoms	Normal Aging
1. Memory loss that disrupts daily life	Sometimes forgetting names or appointments but remembering them later
2. Challenges in planning or solving problems	Making occasional errors when balancing a checkbook
3. Difficulty completing familiar tasks at home, at work or at leisure	Needing occasional help to use the settings on a microwave or to record a TV show
4. Confusion with time or place	Confused about the day of the week but recalling it later
5. Trouble understanding visual images and spatial relationships	Vision changes related to cataracts
6. New problems with words in speaking or writing	Sometimes having trouble finding the right word
7. Misplacing things and losing the ability to retrace steps	Misplacing things from time to time and retracing steps to find them
8. Decreased or poor judgment	Making a bad decision once in awhile
9. Withdrawal from work or social activities	Sometimes feeling weary of work, family and social obligations
10. Changes in mood and personality	Developing very specific ways of doing things and becoming irritable when a routine is disrupted.

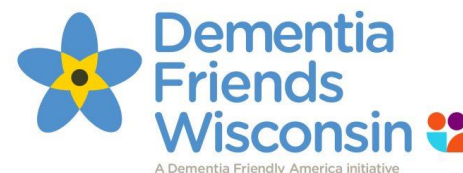
Broken Sentences Worksheet

Match the sentences in Column 1 to Column 2 by drawing a line from each sentence beginning to the corresponding sentence end. You should end up with five sentences that make sense and become five key messages about dementia!

Column 1		Column 2
1. Dementia is not ...		A. ...diseases of the brain.
2. Dementia is caused by...		B. ...the dementia.
3. Dementia is not just...		C. ... good quality of life with dementia.
4. It is possible to have a...		D. ... about having memory problems.
5. There's more to the person than...		E. ...a normal part of aging.

FIVE KEY MESSAGES

- Dementia is not a normal part of aging
- Dementia is caused by diseases of the brain.
- Dementia is not just about having memory problems.
- It is possible to have a good quality of life with dementia.
- There's more to the person than the dementia.

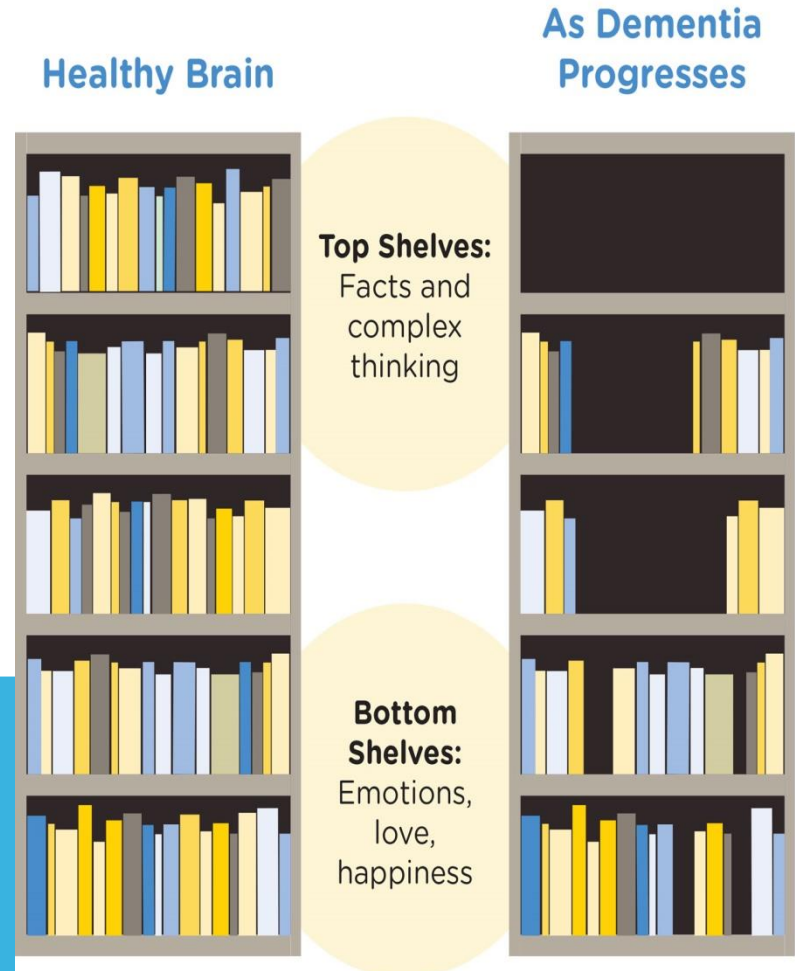


Imagine a 70-year-old woman who has Alzheimer's disease. Now imagine there is a full bookcase beside her. Each book inside the bookcase represents one of her skills or memories. On the top shelves are her memories of facts and her skill for thinking in complex or complicated ways. For people with dementia, the top or outer part of the brain is damaged first. Skills like math, using language and keeping one's behavior in check are in this part of the brain. In our bookcase story, these skills are also books on the top shelves.

When dementia rocks the woman's bookcase, the books on the top shelf begin to fall out. The woman may not remember what she ate for breakfast, or that she has to pay for items at the drugstore or that someone came to visit her this morning. Emotions and feelings are lower down within the bookcase just like they are in the lower or inner part of the brain. This is the instinct area of the brain.

Feelings like love, happiness, frustration and sensing respect reside here. As dementia continues to rock her bookcase, the books on these lower shelves stay for a much longer time. The bookcase story helps explain different thinking skills and memories and the effects of dementia. Facts and complex thinking will fall away quickly. Emotions and feelings will remain longer.

BOOKCASE STORY



COMMUNICATION

The ability to exchange ideas, wishes, and feelings is a basic need! Communicating with a person with dementia requires patience, understanding, and good listening skills.

People with dementia may have difficulty communicating if we move or talk too quickly.

It may take a person up to 20 seconds to take in what you have said and get out of their response.



EVERYDAY TASKS

Write a step-by-step instruction list to complete a task you do daily or often. Make sure someone reading your list could follow the instructions successfully to complete the task.

How many steps does it take?

Did you miss any steps?

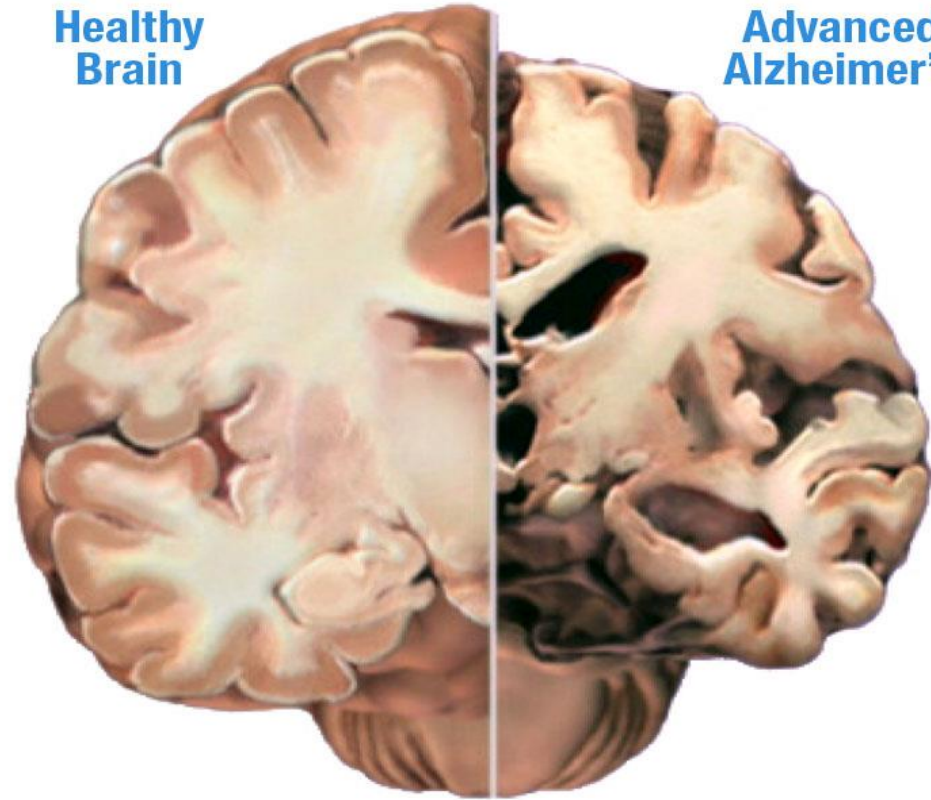
Do you think about these steps as you are doing the task?

How easy/difficult would it be for someone with dementia to complete this task?



Ideas: Making a peanut butter & jelly sandwich, brushing your teeth, tying your shoes, taking a shower, getting dressed, making a cup of coffee, etc.

**Healthy
Brain**



**Advanced
Alzheimer's**

What differences do you see?

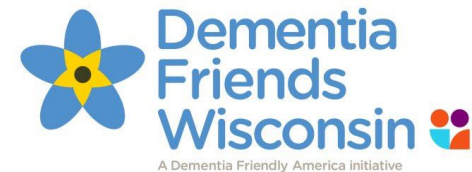
COMMUNICATION PRACTICES

Consider these tips when communicating with a person with dementia.

Treat the person with dignity and respect. Avoid talking past the person as if he/she isn't there.

Be aware of your feelings. Your tone of voice may communicate your attitude. Use positive, friendly facial expressions.

Be patient and supportive. Let the person know that you are listening and trying to understand.



COMMUNICATION PRACTICES

Offer comfort and reassurance. If the person is having trouble communicating, reassure them that it's okay and encourage the person to continue.

Avoid criticizing or correcting. Don't tell the person what was said was incorrect. Instead, listen and try to find the meaning in what is being said.

Avoid arguing. If the person says something that you don't agree with, let it be. Arguing usually only makes things worse and often increases agitation per the person with dementia.

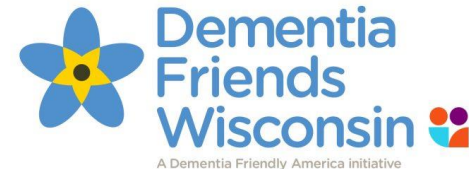
Offer a guess. If the person uses the wrong word or cannot find a word, try guessing the right word. If you understand what the person means, finding the right word might not be necessary.

Encouraged nonverbal communication. If you don't understand what is being said, ask the person to point or gesture.

CONVERSATION TIPS

When approaching the person with dementia and starting a conversation:

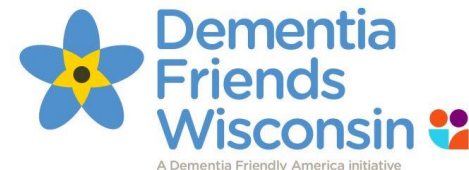
- **Come from the front, identify yourself, and keep good eye contact. If the person isn't standing, go down to eye level.**
- **Call the person by their preferred name to get his/her attention.**
- **Use short, simple phrases and repeat information as needed. Ask 1 question at a time.**
- **Speak slowly and clearly. Use a gentle and relaxed tone.**
- **Patiently wait for a response while the person takes time to process what you said.**



CONVERSATION TIPS

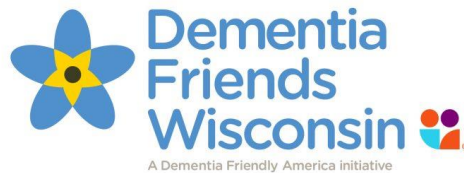
During the Conversation:

- **Provide a statement rather than ask a question.** For example, say “The bathroom is right here”, instead of asking, “Do you need the bathroom?”.
- **Avoid vague statements about something you want the person to do.** Speak directly: “Please come here. Your lunch is ready”. Name an object or place. Rather than “Here it is”, say “Here is your hat”.
- **Turn negatives into positives.** Instead of saying “Don’t go there”, say “Let’s go here.”
- **Give visual cues.** Point or touch the item you want the person to use or begin the task yourself.
- **Avoid quizzing statements like “Do you remember when?”**
- **Try using written notes or pictures as reminders if the person is able to understand them.**



5 KEY MESSAGES REFRESHER

<https://www.youtube.com/watch?v=4olrRTayLJw>



TURN YOUR UNDERSTANDING INTO AN ACTION

As a Dementia Friend, I will...

- Get in touch and stay in touch with someone I know living with dementia**
- Be patient**
- Be more understanding**
- Carry out this personal action: _____**



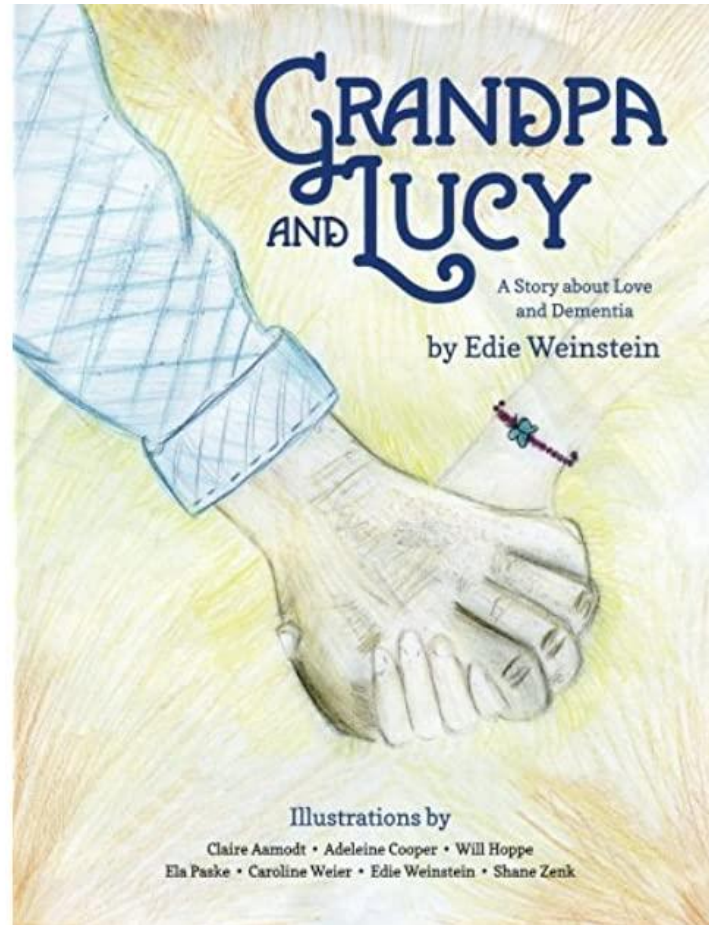
RESOURCES IN YOUR COMMUNITY

<p>Alzheimer's Association Greater Wisconsin Chapter www.alz.org/gwwi 920.469.2110 24/7 Helpline: 800.272.3900</p>	<p>Wisconsin Dementia Resource Network Kathleen O' Toole Smith Wisconsin Alzheimer's Institute 608-206-2378 mkotoole@wisc.edu</p>
<p>Wisconsin Parkinson Association 16655 W. Bluemound Road St 330 Brookfield, WI 53005 414-312-6990 mail@wiparkinson.org</p>	<p>Alzheimer's and Dementia Alliance of Wisconsin www.alzwisc.org 608.232.3400 Toll Free: 888.308.6251</p>
<p>Wisconsin Alzheimer's Institute Memory Clinic Network www.wai.wisc.edu/clinics/overview.html</p>	<p>Wisconsin Alzheimer's Institute Best Practice Guides www.wai.wisc.edu/publichealth/guides.html</p>

To find your local Area Agency on Aging or Aging and Disability Resource Center,

visit: <http://www.eldercare.gov/>

GRANDPA & LUCY



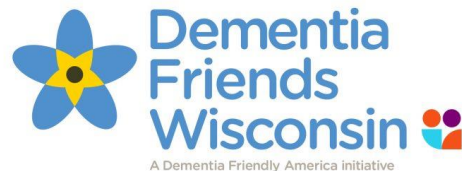
COMMUNITY RESOURCES

Aging and Disability Resource Center of Jefferson County

1541 Annex Road, Jefferson, WI 53549

920-674-8734

Dementia Care Specialist: 920-675-4035



I'm a
Dementia
Friend



CERTIFICATION

A certification of completion will be e-mailed to you within the next two weeks.



TIME FOR QUESTIONS!

DOMINIC WONDOLKOWSKI

ADRC Supervisor



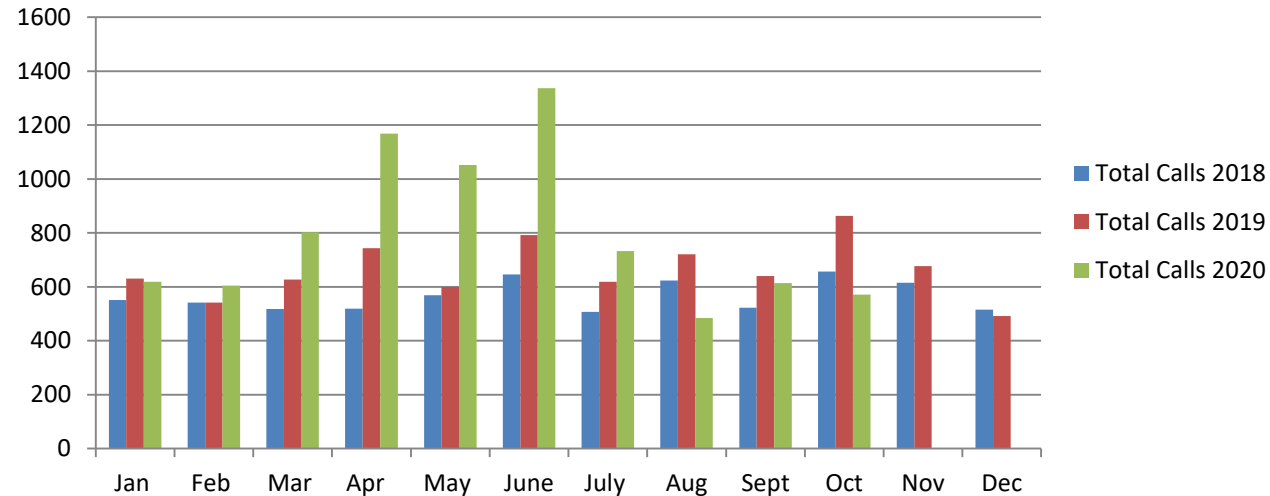
ADRC Key Outcome Indicator(KOI)

- Within 10-business days from the date the customer is determined functionally and financially eligible for publicly-funded long term care (PFLTC), ADRC staff shall provide enrollment counseling to assist the customer in the selection of a Family Care, Partnership and IRIS program and have the enrollment or referral submitted to the designated Managed Care Organization (MCO) or Iris Consultant Agency (ICA) unless the customer requests a date greater than 10-business days or the enrollment or referral is delayed for other reasons outside the control of ADRC staff.
- For October, the KOI was met. 21 of 21 customers were enrolled in a LTC program and/or referred to ICA (IRIS) per the KOI guidelines indicated above.
- For Jan.-October 2020, the ADRC has completed 138 enrollments into a LTC program and/or referrals to the IRIS programs.

ADRC Consumer Contacts

Month	Jan	Feb	Mar	Apr	May	June	July	Aug	Sept	Oct	Nov	Dec	Totals
Total Calls 2018	551	541	518	519	569	646	507	623	522	656	615	515	6782
Total Calls 2019	631	541	627	743	600	792	619	721	640	863	677	492	7946
Total Calls 2020	619	604	802	1168	1052	1337	733	484	614	571			7984

ADRC Consumer Contacts



Other ADRC Updates

***Disability and Elder Benefits Specialist Programs**

***Other**





KIMBERLY SWANSON

Senior Nutrition Program Supervisor



Elderly Nutrition Program

NOVEMBER 3, 2020

Shelf Stable Meals Proposed Plan

▶ Day 1

- ▶ Shelf Stable Milk, White
- ▶ Bottled Water
- ▶ Beef Stew
- ▶ Variety Crackers
- ▶ Packaged Salad
- ▶ Fruit Cup
- ▶ Pudding Cup

Day 2

- Shelf Stable Milk, Chocolate
- Bottled Water
- Chicken & Dumplings or Pot Pie
- Saltine Crackers
- Packaged Salad
- Fruit Cup
- Cookies

Assumptions: Power functions and no hot water needed to prepare meal.

November Plans

- ▶ Distribute two shelf stable meals to current home delivered meal participants
- ▶ Continue staff and volunteer training
- ▶ Annual kitchen site inspection
- ▶ Advertise for volunteer drivers
- ▶ 11/2, 11/3, 11/4—Lake Mills package and deliver HDM meals from Jefferson Senior Center due to Nutrition site closure during elections.
- ▶ 11/2/20—Feil's resumes delivery of hot food to Fort Atkinson for packaging and service of curbside meals.



MIKE HANSEN

Mobility Manager

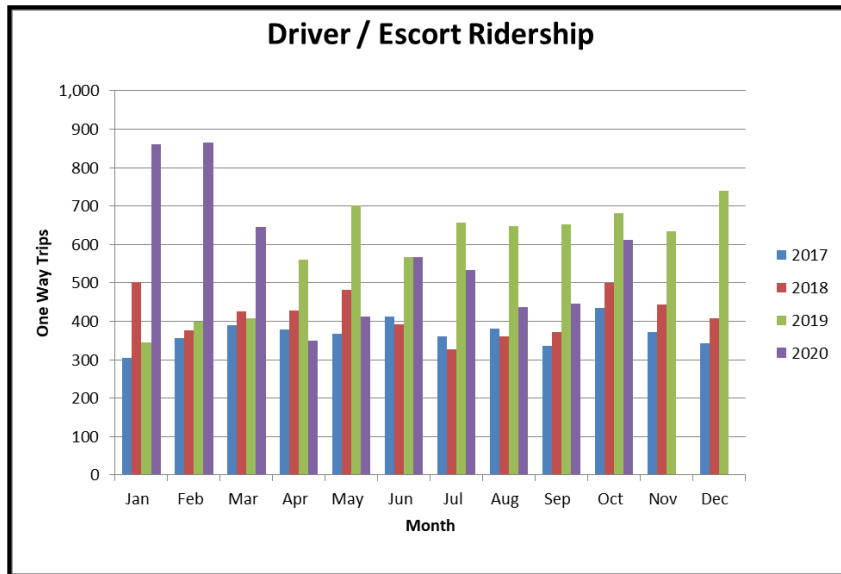
ADRC Driver / Escort Program

Driver / Escort Ridership

Month	2017	2018	2019	2020
Jan	305	503	346	861
Feb	356	376	400	865
Mar	390	426	408	645
Apr	379	428	561	349
May	368	482	701	412
Jun	413	392	567	568
Jul	361	328	657	533
Aug	382	362	647	437
Sep	337	373	652	447
Oct	435	499	682	611
Nov	372	444	634	
Dec	343	409	740	
Total	4,441	5,022	6,995	
Y-to-Y Chng (%)		13.08	39.29	

149 % Incr.
116 over
58 previous
-38 year
-41
0
-19
-32
-31
-10

Monthly Results



Wednesday Walks Program





KIM HERMAN

Family Caregiver Specialist



NATIONAL FAMILY CAREGIVER MONTH

November 2020

Current Program Census

- Alzheimer's Family Caregiver Support Program ~ 9 caregivers
- National Family Caregiver Support Program ~ 38 Caregivers and 41 care recipients
- Supportive Services ~ 81 participants



CAREGIVER CONFERENCE

- **Boost Your Brain: Memory Enhancement**
November 2 | 10-11 a.m.
- **The Desires of Every Heart: Discovering Ways To Connect with Others**
November 4 | 1:30-2:30 p.m.
- **Living with Loss: Healing with Hope**
November 9 | 10-11 a.m.
- **Generating Perspective for Well-Being**
November 11 | 1:30-2:30 p.m.
- **Focus on Fraud**
November 16 | 10-11 a.m.
- **The Hope Habit: Caring For Yourself While Caring For Others**
November 18 | 1:30-2:30 p.m.

Caregiver Night Out is now Caregiver Conference hosted by CVTC and we are going virtual in 2020!

Whether you are a professional or family caregiver, our FREE virtual sessions will provide you with a variety of engaging and educational topics. Attendees will gain knowledge from local and national experts during a variety of 1-hour online webinars throughout the month of November, online via Microsoft Teams. Join us to gain new insight and learn valuable information--from the comfort of your home.

IN PARTNERSHIP WITH:

Register today!
cvtc.edu/Caregivers

QUESTIONS?
// 715-833-6300

CVTC does not discriminate on the basis of race, sex, age, disability, or religion in employment, admissions, programs, or activities. Contact your local office for more information. CVTC is an Equal Opportunity Employer. CVTC is an Equal Opportunity Employer. CVTC is an Equal Opportunity Employer. CVTC is an Equal Opportunity Employer. CVTC is an Equal Opportunity Employer.

Additional Supports Offered our Caregivers this Month

- Powerful Tools for Caregivers 11/3/2020 – 12/8/2020 Virtual
- Caregiver Conference Virtual educational talks offered in one hour segments on a variety of topic for free
- The Joyful Moments and Armchair Travel continue to be offered on alternating weeks

JEFFERSON COUNTY SPECIALIZED TRANSPORTATION ASSISTANCE PROGRAM

Wis. Stat. 85.21 Application



**COUNTY ELDERLY TRANSPORTATION
2021 PROJECT BUDGET SUMMARY**

County of **Jefferson - 222,837**

Project Name	Driver Escort/Volunteer Program	Senior Dining Transportation Program	Wheelchair Accessible Transportation	Day Trip Project	GoJeffCo Shopping Van Service	0	0	0	Totals
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Project Expenses

Total Project Expenses	\$287,826.00	\$200.00	\$5,000.00	\$3,220.00	\$6,108.00	\$0.00	\$0.00	\$0.00	\$302,354.00
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Project Revenue by Funding Source

\$85.21 Annual Allocation	\$209,259.00	\$200.00	\$4,750.00	\$2,920.00	\$5,708.00	\$0.00	\$0.00	\$0.00	\$222,837.00
\$85.21 Trust Fund	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00
County funds	\$44,567.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$44,567.00
Passenger Revenue	\$9,000.00	\$0.00	\$250.00	\$300.00	\$400.00	\$0.00	\$0.00	\$0.00	\$9,950.00
Older American Act (OAA)	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00
\$5310 grant funds	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00
Total from other funds	\$25,000.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$25,000.00
1.	\$25,000.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$25,000.00
2.	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00
4.	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00
5.	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00
6.	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00

Expenses - revenue =	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00
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ALZHEIMER'S FAMILY CAREGIVER SUPPORT PROGRAM

2021 AFCSP Budget Report F-21343 (10/2020)

Response ID:20 Data

1. (untitled)

1. County, counties or tribe included in budget:*

Jefferson

2. Name of designated AFCSP lead agency:*

Jefferson County Human Services

3. Your name:*

Sharon Olson

4. Your email address:*

sharono@jeffersoncountyiwi.gov

5. Your telephone number (include area code):*

920-674-8139

6. 2021 allocation in dollars:*

\$35,502.00

7. Number of households anticipated to be enrolled and served in the coming year:*

9

8. DOLLARS planned for respite services*

\$29,932.00

9. AMOUNT planned for each type of respite*

Adult day services : \$860.00
 Caregiver self-care : \$860.00
 Homemaker/chores : \$1,720.00
 In-home general respite : \$18,757.00
 In-home personal care : \$6,875.00
 Overnight facility respite : \$860.00

10. PERCENT planned for all respite services*

84.3%

11. DOLLARS planned for purchasing other goods and services*

\$860.00

12. DOLLARS planned for the development of new or expanded services (Note: If any expenditures are planned, please complete item 22)*

\$0.00

13. DOLLARS planned for outreach activities and public awareness*

\$860.00

14. DOLLARS planned for support group development or assistance*

\$0.00

15. DOLLARS planned for staff training (new category added)*

\$300.00

16. DOLLARS planned for program administration*

\$3,550.00

17. PERCENT planned for program administration (maximum 10%)*

10%

18. Do you plan to make payments to service providers for direct care as a method of distributing these funds? (Wis. Admin. Code § DHS 68.09)*

Yes

19. Do you plan to make payments to households of persons with Alzheimer's Disease (i.e., cash grant for agreed-upon service/goods)? (Wis. Admin. Code § DHS 68.09)*

Yes

20. Indicate the county's or tribe's maximum amount payable in the calendar year to or on behalf of any participating person*

\$4,000

21. If maximum amount payable in Question 19 is less than \$4,000, indicate amount of maximum:*

22. Briefly describe any limitations being placed on goods and services that are to be provided, purchased, or contracted. See Wis. Admin. Code § DHS 68.06(2)(b) for list of possible services. Generally speaking, all services should be made available to AFCSP enrollees and approved based on the family's needs and preferences. If no limitations, indicate none.*
 none

23. Briefly describe any new programs or expanded services planned for the coming year, see definitions under Wis. Admin. Code § DHS 68.02(8) and (13). Indicate if this is year one, two, or three of the program development or expansion.*

Grandpa and Lucy Project through the CLIMB program.
 The Humming Bird Project and Arm Chair Tours.
 Weekly Caregiver Coffee Hour - virtual
 Powerful Tools for Caregivers
 Dementia Friendly Community Training will be provided to 2 business each yar for 2019, 2020 and 2021.
 Caregiver Book review started in 2020.

24. Explain your program's waiting list policy, including how many families have been told they must wait for services*

At this time, the wait list has been cleared. Funding is allocated to all households at the beginning of the year with an estimate if caregiver will be using all services. When consumers are added to AFCSP wait list, they are also added to the National Family Caregiver waitlist and Title 3 Supplemental Services list, if eligible. Consumers stays on AFCSP wait list even if served through another program as the caregiver then has the option of which program is better to serve their need.

25. Explain how your program, aging unit, and/or ADRC will provide outreach to families living with or newly diagnosed with Alzheimer's or dementia. Include specific plans for marketing and providing education to families and community partners about the benefits of enrolling in AFCSP.

Jefferson County has a Dementia Care Specialist. The DCS provides outreach to families and community partners. Outreach will be conducted to find caregivers that have not been in contact with ADRC or are working with newly diagnosed care

recipients.

Our DCS sets up monthly memory screening but that has been put on hold due to COVID. DCS will be working with caregivers that struggle with a Wellness Recovery Action Plan.

2. Thank You!

New Send Email

Nov 02, 2020 09:48:29 Success: Email Sent to: sharono@jeffersoncountyiwi.gov

Reese -

10-6-21

There are 41 County Committees, Boards, Commissions & coalitions. Of these 41, 4 are subsets of the HS Committee. Of the 41 only 2 do not receive per diem: ADRC & the Nutrition Council. The other 2 subsets do receive per diem: The Marsh Country Health Alliance & the Community Action Coalition.

- The proposed HS budget for '21 is \$8,957,344.
- Assuming all 7 members of the ADRC Board attend each of 12 meetings the additional cost to taxpayers would be \$4,620.
- \$4,620 = 0.000516% of the HS budget.

This is the 10th Co. Committee or board I've served on, including 10 years as a Co. Supervisor. I have wanted the year plus I've been attending ADRC meetings, wanting to see if there is something unique to this Board that would preclude per diem.

There isn't. I will be bringing back-up information to our next meeting, asking for Board Members' input on a solution to this problem in the 2022 budget.

Janet Lynn Haft

10.30.20

Solve - Thanks for attending to this for us.

42 Co. Comm, hds, etc. } pp 1+2
40 receive per diems

State Statute (p. 3) just says H.S. Bd can appoint, no mention of any payments.

H.S. Bd appoints the 2 groups that currently only get mileage (p. 4)

3.07 of Rules of CB Standing Committees (p. 5) specifically forbids per diems for over 2 groups.

I've been attending ADRC mtgs since 8/19 & surprised there are not per diems for the 2 groups. Decided to evaluate the mtgs to see if somehow my service as a bd member differed from the other 8 Co. Comm & hds I've been on + 10 yrs on CB. Same relationships Staff: Bd members / length of mtgs / agenda & minutes in advance.

I know what stage the '21 budgets in but am optimistic per diems for the 2 groups can be fitted into HS proposed budget of \$8,957,344. ADRC 7 people x 12 mtgs = \$4620 = 0.000516% of HS proposed budget.

John